

**Community of Practice**

MINUTES

**Date: 30th July 2024**

**Time: 9am-11am**

**Location: Microsoft Teams**

**Chair: Katie Angus Minutes: Eve Russell**

**Attendees: Katie Angus, Eve Russell, Maryam Deeni (DVVA), Rachel Blair (PP), Craig Strachan (DCC Discover Work), Genna Millar (Dundee Bairns), Roddy Donaldson (The Bella Centre), Heather Kelly (Aberlour), Claire Stewart (Families Outside), James Beck (PIA), Lesley Simpson (British Liver Trust), Susie White (Inspiring Scotland), Arianna Paterson (SLCO), Carrie Reid (Boomerang), Stephen Douglas (SLCO), Nicola Cairns (SAMH), Beth Gow (NHS Tayside perinatal team), Fiona Taylor (OPFS), Sandy Greene (Scrapantics), Rachel MacDonald (Alternatives), Kerstin Jorna (WM2U + DCC), Horn Arnarsdottir (DCC Discover Work)**

**Apologies: Peter Hine (DVVA), Mary Sneddon & Lesley Russell (DIAS), Jacqueline Paton (MHF), John Davidson (DCC), Geoff Leask (WM2U), Simon Jeffrey (CHS), Elley Petrie (Abertay Uni), Gill Thomson (The Yard)**

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| **Agenda** | **Discussion** |
| Welcome, introductions and apologies – Katie Angus | Introductions around the call as there are some who this is their first meeting. |
| WFWF Phase 3 successful bid;  Genna Millar – Dundee Bairns | Genna the manager at DB shares the above presentation and gives a brief overview of projects, but advises there are also other smaller bits of business. The focus is on children in poverty in Dundee. DB charity exists to plug the gaps in the basics of childhood so they can learn, grow and develop. Also want to give them the dignity of choice.  DB gained money from WFWF to widen Tea Club project and hired a Healthy Eating coordinator. The DB staff team is small so volunteers are very appreciated, there’s only around 5 members of staff that manage the projects. Also want to develop Fun and Food with WFWF monies as new start is nutritionist certified. Want to gather feedback from kids to help develop the Fun and Food program further.  In the Christmas period we support families with supermarket food vouchers, and the amount given is based on the number of children in the home.  WFWF monies will help deliver Tea Club model (which is a winter project). This helps support children who would otherwise go home to no food or heat, keeps them in warm, safe place for a couple of hours after school. It helps them to engage in school services via a targeted approach. Schools may advertise it as sports club etc, but it is a support club, lots of different uses for Tea Club. Hoping to tie in with our NHS partners for Tea Clubs in future, e.g. Best Foot Forward programme. Want to bring in other partners to make running Tea Clubs easier. Always happy to speak to organisations about partnerships so feel free to get in touch – [gennamillar@dundeebairns.org](mailto:gennamillar@dundeebairns.org)  Q – what do you do around sustainability in terms of supply chain, minimising waste and encourage net zero?  A – we carry lots of reviews on the amount of food used by projects so ask every time, and also make sure its food people want to eat to limit waste. Asked Tayside contracts to minimise single use packaging so bought thermal boxes for them to use and metal trays for Tea Clubs. DB have two electric vans through the Climate Fund and long term loan for other. Multibank is a challenge, as lots of it is things people don’t want but try and use as much of it, but knowing lots of partners means we can share as much as we can e.g. cardboard goes to community gardens. |
| Spotlight;  Roddy Donaldson – The Bella Centre | In 2012, conversations started around the development of CCU’s. Lilias Centre in Glasgow covers West Coast, and Bella cover Highlands and Islands, East Coast and borders. Women who join need to have a period of stability prior to arrival, and are low risk – not medium/high categories. Each woman gets a Personal Officer who makes a link with them prior to coming to Bella to give a supported transition. Transfers can move quickly. Nearly 2 years since opening. There is a good success record to date in terms of those re-entering custody. Also had no issues of self-harm or women under the influence recorded in Bella.  Past issues for women include: bereavement, trauma, ACE’S, stigma, addictions and domestic abuse, so confidence is very low. But at Bella there are no barriers to women in relation to methadone use and disabilities, nurses provide medications in mornings.  All officers had to apply and interview to work at Bella, and take a trauma informed approach in the relaxed environment. There is still top security, with metal detectors in the walls.  Visiting hours run through every day, with physical visits now running on the weekend too. Children can visit and the hub area means they can cook and eat together.  Partners with Scottish Recovery Network and Glasgow Recovery Consortium, there is a Glasgow course that come in for a set number of weeks.  Stephanie Graham’s Jewellery making is popular, with an exhibition planned with V&A.  Q – how many of the 16 housed at Bella are from Dundee?  A – 3 or 4.  Q – what is the average length of stay?  A – for a lifer, a minimum of 3 years but may be longer. Have had some short terms ones in for couple of months but this is not ideal as don’t have time to build up supports for them. |
| COP Communications & Terms of Reference; Katie Angus | Will give a reflection on our group’s practice for the new faces in the group. It was born out of the commissioned roles we had for the Whole Family Wellbeing Fund, which the DCC contracts team and partners have taken on now our roles have ended. One area of our work was to support the workforce an allow a network of individuals to learn together and develop collaborations and partnerships. Katie, Peter and Eve are happy to commit and support this despite it not being part of our current roles.  Katie still sits in some of the wider national conversations around WFWF, including the possible extension of money so will share any feedback on this with the group. We have also been working with Third Sector and Local Authority partners to help shape the fund in other areas of Scotland.  From the start we have shared learning and knowledge and experience on leading the distribution of the fund. The fund allows organisations to carry out projects, but if people don’t know what you’re up to then partnerships can’t work to improve your work. We don’t want any work to be siloed. COP is a cross sectoral group so today, we’ve got NHS, DCC but also local groups too. The mailing list we have is large and wide.  It was agreed at the last meeting to hold these every two months, and alternate venues between MS Teams and in-person. The next one is 26th September and will be 2pm-4pm at Lochee hub.  Communications –  As said we have a large mailing list but try not to bombard the list with emails of info we’ve come across, on funding projects etc, as aware people get multitude of emails every day. Behind this, think there is some work on how do we share info to the COP as is currently just shared via minutes. What do people think of a padlet or a newsletter? If there is anyone, who would willing to work alongside development of this, padlet is easier but newsletter would need more effort and people. How do we share the learning from the group effectively? If you have any thoughts please feel free to get in touch with one of us later.  Keen to avoid duplicating agendas of other strategic meetings that are taking place. Many Third Sector reps of this meeting are part of CYP+F forum, which the WFWF stakeholder group was born form, but we are not here to recreate that agenda or from Alliance (but aware that is currently under review anyway). What are you looking from the COP? It was to share learning, resources and building developments in partnerships and collaborations, are you still looking for this to be in COP? Is there something we are missing, is there something we can aid with this space? We understand your time is precious so want the meetings to be worthwhile.  We’re currently getting feedback that people want to attend this meeting, and if so we’ll need to look at drafting a TOR.  Please get in touch if you have any thoughts. |
| AOCB | We still have a number of WFWF phase 3 awarded projects to present in the next few COP meetings, some have needed more time to create something worthwhile as needed time to recruit etc. |