



One Parent
Families Scotland

5 week Employment Skills group for single parents, with F1 Training

**Starting Monday 2nd of February for
5 weeks.**

You will work towards First Aid certificate, Fire Awareness certificate and COSHH certificate.

You will also build practical employability skills like CV writing and interview prep, while boosting your wellbeing and confidence.

Sign up by Thursday 29th of Jan

by calling

07350447432

or emailing

angus@opfs.org.uk

Lunch will be provided, and we will reimburse for travel for the training days.

Where is it?

**D&A College
Community Hub**

Located on

**Keptie Street,
Arbroath DD11 3EA**

