



BOARD BOOST

The governance
training programme
from Young Trustees
Movement



**Board Boost has
given me the
confidence & skills
to challenge &
better myself**



-Training participant, 2026

Want to register your interest?

You can get in touch to register your
interest in Board Boost by emailing us at
hello@youngtrusteesmovement.org.



Unlocking governance for young people.

About the programme

Our flagship training programme **Board Boost** is designed to help young trustees take their self-confidence & leadership skills to the next level.

Over the course of three months, participants will learn amongst a group of other young trustees, covering topics such as:

- ethical decision-making
- setting achievable professional goals
- building a network
- leading on a governance project

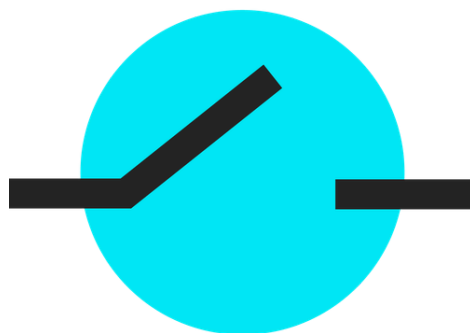




“

I was lacking in confidence when the training started and this gave me a real boost. ”

-Training participant, 2025



How it works



Online Learning

Training is delivered through five online, interactive learning modules with break-out room and solo activities.



1:1 Mentoring

Each participant is matched with a mentor who has experience of being a young trustee themselves & will work with them to develop ideas for a governance or professional development project.



Group Work

Towards the end of Board Boost, the group will come back together to share project ideas, discuss their learnings, & work through a series of mock boardroom scenarios.



Our Impact

Participants of Board Boost have gone on to do a number of exciting things on their Boards and/ or in their own careers, including:

- Becoming Vice-Chair of the Board (*The Bird of Prey Project*)
- Leading a project to make the charity's strategy more accessible (*Craigmillar Literacy Trust*)
- Auditing Committee member onboarding processes to ensure they're accessible & inclusive (*WWF*)

98%

felt more confident in their role after Board Boost

90%

would recommend Board Boost to someone else

91%

knew what to do if they felt overwhelmed after the programme