

# Suicide Awareness, for Everyone

Our aim is to prevent suicide by providing workshops and training that gives people in our community the skills and confidence to talk to someone who might be experiencing distress, or thinking about suicide



## Suicide Awareness for Everyone Workshop

This half day workshop aims to raise awareness of mental health, and suicide prevention. The workshop will provide participants with the knowledge and skills to have compassionate conversations with people who are experiencing distress or may be feeling suicidal, and connecting them with the appropriate support.

Wellbeing Works, Unit 20a, Level 3  
Wellgate Shopping Centre  
Dundee  
DD1 2DB

Wednesday 16th July. 09.30 - 12.30

For further information, contact [hello@wellbeingworksdundee.org.uk](mailto:hello@wellbeingworksdundee.org.uk),  
or telephone 01382 227288

<https://buytickets.at/wellbeingworksdundee/1709441>

**Suicide prevention is everybody's business**



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