



King's Trust

Scotland

EXPLORE YOUR POTENTIAL

Boost your confidence by taking part in fun, challenging group activities. You'll gain key skills to support you in life and work, including teamwork, leadership and communication.

**Find out more
via webchat at:
kingstrust.org.uk**



ON THIS COURSE YOU'LL:

- Develop valuable communication and teamwork skills
- Build confidence for employment, training, or further education
- Learn how to work effectively as part of a team
- Take part in follow-on sessions to continue their development

DATES FOR YOUR DIARY:

Course dates: Runs every second month.

Contact: dundee.outreach@kingstrust.org.uk

Location: 1B Kemback Street, Dundee DD4 6ET

Aged 16–25, Engaged in 12 hours or less of education, employment, or training per week