

What are IRCS

An Inclusive Recovery City is a place which celebrates recovery, challenges stigma and sees recovery as more than just treatment.

IRCs put the power in the hands of people in recovery to make decisions about what they want in their city.

Inclusive Recovery Cities (IRCS)

Dundee Conversation Cafe Feedback

We held an event on 20th March to discuss the potential of Dundee becoming an Inclusive Recovery City.

These are the themes that came out of the feedback from those who attended.

Who can support this?

- People in recovery are the most important voices
- Families
- Recovery charities
- Need the council and government to support more recovery

Benefits of IRCS

- People in recovery have ownership of what happens in their city
- More kindness and dignity
- Challenging Stigma
- More collaboration in recovery

Challenges of IRCS

- Are services in Dundee ready to do this?
- How do we make people feel included and able to take part?
- Current services force people to meet too many criteria

Next Steps

We will be bringing together a group of people interested in taking forwards an IRC in Dundee. If you would like to be involved, please contact Shelley Duffy at:

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