## Men Minds

Men Minds is a unique research project, led by young men aged 16-24, and aimed at improving mental health policy, practice and research.

Join us for a free event dedicated to sharing and reflecting on the findings from the research.

## **Event Highlights**

- Learn about young men's mental health experiences
- Hear from marginalised perspectives (LGBTQ+, refugee, justice communities)
- Consider young men's solutions and reflect on implications for policy and practice













- Anyone who works with boys and young men: teachers, social workers, NHS/mental health staff, third sector, justice professionals, policymakers, academics etc
- Please sign up for this event on eventbrite by visiting:

<u>Click to sign up on eventbrite</u>

## **EVENT DETAILS**

27 MAY 2025 🛛 🖌

## UNIVERSITY OF STRATHCLYDE

10am to 2.30pm

Lunch and refreshments provided

• MEN MINDS better mental health for young men

