

# Here To Help You Keep Working

## Health issues can have a Huge impact on your working life

Leading to loss of earnings, financial insecurity, increased stress and lots more. But you don't need to face your health challenges alone. We are here to help.



## Working Health Services Scotland (WHSS)



WHSS is a  
**Free and confidential service**  
Funded by the Scottish Government

We'll provide you with support to help you through physical and mental health challenges, ways you can manage them and continue to work. Win-win.

## Why WHSS?

We can help you reach positive personal outcomes, like increased financial security, better work life balance and a

### **Better quality of life**

You are eligible if you are self-employed, or an employee of a small or medium-sized business in Scotland.



# Workplace Wins

Here's what some of our clients have said about WHSS.



"WHSS is a fantastic service. My case manager was approachable, understanding and really supported me to address the difficulties I was experiencing with my mental health."

- Mr Clark

"I've been going to the GP for several years with back pain. Someone told me about the help they received through WHSS, so I contacted them. I would have been off sick if it wasn't for the great support they gave me"

- Mrs Stalker

## What should you do next?

If you think you might benefit from our service, you can refer yourself by using the contact details below. Alternatively, you can ask your GP or employer to refer you.



**WHSS is available  
across Scotland,**

5 days a week from 8am to 8pm

**To learn more,**

visit [whss.salus.co.uk](http://whss.salus.co.uk)  
or call 0800 019 2211

