



ALTERNATIVES DUNDEE ARE HOSTING A SUPPORTIVE

GROUP SUPERVISION

...taking time to meet together, learn together and check out how we are *really* doing...

SUPPORTING OTHERS IS REWARDING BUT IT CAN ALSO BE TOUGH. IT IS IMPORTANT TO TAKE CARE OF HOW WE ARE TO PREVENT BURN OUT.

We are inviting anyone working for an agency which supports individuals through difficult times. This is a chance to encourage, listen and share ideas in a confidential and supportive group setting.

DATE: ..Friday 10th May 2019 10am-12pm...
AT DVA, 10 CONSTITUTION ROAD, DD1 1LL

TO JOIN US CALL: 01382 221112 OR
EMAIL: INFO@ALTERNATIVESDUNDEE.CO.UK