



# Child Healthy Weight Training 2023

## INCLUDING

- ✓ Raising the issue of healthy weight
- ✓ First line advice/ signposting
- ✓ How to refer to CHW

**SIGN UP AND REGISTER NOW  
VIA EVENTBRITE**

**Training dates >>>>**

# Healthy Weight for Under 5's

This training is suitable for any healthcare professional working with Under 5's including Health Visitors and Early Years Workers

## **PART 1 - RAISING THE ISSUE**

**Friday 10th February 10-12pm**

<https://CHWUnder5Part1100223.eventbrite.com>

**Wednesday 10th May 10-12pm**

<https://CHWUnder5Part1100523.eventbrite.com>

## **PART 2 - FIRST LINE ADVICE**

**Wednesday 29th March 10-12pm**


<https://CHWUnder5Part2290323.eventbrite.com>

**Friday 30th June 10-12pm**

<https://CHWUnder5Part2300623.eventbrite.com>



# Healthy Weight for 5 to 18 Years



This training is suitable for any  
healthcare professional working  
with 5 to 18 year olds

## **PART 1 - RAISING THE ISSUE**

**Wednesday 15th February 10-12pm**

<https://CHWOver5Part150223.eventbrite.com>

**Friday 19th May 2-4pm**

<https://CHWOver5Part1190523.eventbrite.com>

## **PART 2 - FIRST LINE ADVICE**

**Friday 10th March 10-12pm**

<https://CHWOver5Part2100323.eventbrite.com>

**Tuesday 13th June 2-4pm**

<https://CHWOver5Part2130623.eventbrite.com>



# Training for 3rd sector

This training is suitable for any voluntary, charity or third sector organisation working with children and young people aged 0-18 years

## CHILD HEALTHY WEIGHT

Tuesday 7th March 10-12pm

<https://CHW3rdSector070323.eventbrite.com>

Wednesday 14th June 10-12pm

<https://CHW3rdSector140623.eventbrite.com>





# Contact Details

## CHILD HEALTHY WEIGHT SERVICE

**Tay.chws@nhs.scot**

**01738 473784**