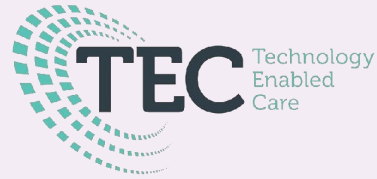




DUNDEE VOLUNTEER
& VOLUNTARY ACTION

DigiDundee
- nobody left behind -

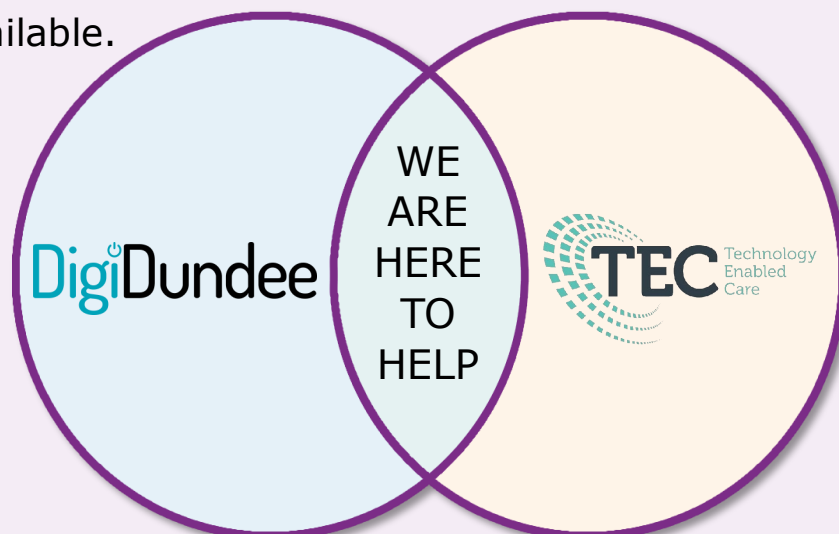


Winter 2023 Newsletter

A warm welcome to our first Newsletter. As part of Dundee Volunteer and Voluntary Action (DVVA), we are the DigiDundee Team and our work focuses on **Technology Enabled Care (TEC) and Digital Inclusion**.

Technology Enabled Care is the shift towards digital technologies to improve health and well-being outcomes for individuals in home or community settings. To get there, however, it is essential that everyone across the city is included and has the means, the capacity, the skills, and the confidence to embrace such changes.

It is our hope that you find this Newsletter informative, that it provides an insight into the work that is going on, and the range of services available.



This project is funded by: 
Dundee Health & Social Care
Partnership

SPOTLIGHT ON...

In each edition of the Newsletter we will do a Spotlight feature on one or two specific pieces of Technology Enabled Care. In this addition we will shine our Spotlight on ADAM.

ADAM



ADAM stands for **A**bout **D**igital **A**nd **M**e and is for people living with dementia.

Finds what you need

ADAM is a digital platform developed by Alzheimer Scotland and the Scottish Government. It can help people living with dementia and those around them find the technology they need. It is free to use by anyone and can offer very useful prompts and advice.

To try ADAM out, go to www.meetadam.co.uk and either browse the online catalogue to view all products listed, or answer the conversational questionnaire on areas you would like help with. Based on answers given, ADAM will offer recommendations tailored to your needs and preferences.

If anyone would like more information on ADAM or the products listed, please contact the Dundee Dementia Resource Centre on **01382 210200**.



**Alzheimer
Scotland**
Action on Dementia

ANALOGUE TO DIGITAL SWITCHOVER

Over the next few years, the UK's telecommunications infrastructure is changing and being upgraded to digital connectivity.

Although the majority of users will be unaware of any change to their telephony service following this transition, this announcement does have implications for citizens of Dundee who are currently in receipt of telecare services (Community Alarms) within their homes.



The Dundee Health and Social Care Partnership's Social Care Response Service is presently scaling up work to take place in the coming months to migrate service users over to a digital platform.

For further details, please contact Scott Kennedy, Telecare Organiser on **01382 432872** or scott.kennedy@dundeecity.co.uk

ENGAGEMENT IN THE COMMUNITY

DigiDundee's Drop-ins

TEC's Community Engagement Worker, Rebekah, recently held a brilliant session with Alison Connor's Health and Wellbeing group from the Community Health Team Dundee.

The participants were keen to look at different ways that they can use their devices.

They looked at adding images to text messages, joining group chats to stay connected with each other, searching on Facebook for community pages and much more!

The participants enjoyed the session so much that they have invited Rebekah back to do some more work with their iPads and tablets. What a great start and great effort from the group!

The Community Health Team shared their kind words following the session: "It was great to learn just how much we can do on our

phones. Rebekah explained it all in easy to understand language."

During the early part of 2024, Rebekah will be running a number of drop-in sessions across the City.

These sessions will build on the work started with the Health and Wellbeing Group.

Days and dates will be circulated in early 2024.



OUR TEAM



Stuart Fordyce is our Technology Enabled Care Co-ordinator. Stuart has been with us for just over a year having spent most of his career working in social care. Stuart's experience working in the sector has been beneficial in developing the work around Technology Enabled Care as well as offering a sound understanding of the challenges faced across communities stepping into a digital world.

Rebekah Muir is the Community Engagement Worker in the Team. Rebekah has joined having graduated from Dundee University in the summer with a BA in Community Education. Rebekah has



a real passion for community work and has already established a good network of support across the City.



Alec Angus is a graduate from Duncan of Jordanstone and has joined the project on a short term contract. Alec's work will focus on the content and web design for the Dundee Independent Living Centre website.

Final thoughts for now...

Digital transformation isn't just about technology, but more about having the support in place that ensures that nobody is left behind.

If you would like to discuss any matters that you may have regarding our work, please **contact us at:**

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Dundee
DD1 1LL

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Instagram: @dvvascot

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