

# Communities Mental Health & Wellbeing Fund for Adults: 2025 -2027

Dundee City



# What to expect

- Fund Background
- Fairer Funding Pilot
- Multi-year
- Local Priorities
- Eligibility
- Application Process
- Application Support
- Questions + FAQs



**Background**

**Fairer  
Funding**

**Multi-year**



# Background

The Communities Mental Health and Wellbeing Fund for Adults (the Fund) was established in October 2021 and to date has distributed around £66 million to community initiatives supporting mental health and wellbeing across Scotland. Funding for a fifth and sixth year (£15 million each year) was announced in March 2025.

The Fund has a strong focus on prevention and early intervention and aims to support grass roots community groups in tackling mental health inequalities and addressing priority issues of:

- **social isolation and loneliness;**
- **suicide prevention; and**
- **tackling poverty and inequality.**

The Fund will continue to be delivered through a locally focused and co-ordinated approach via local partnership groups:

**DVVA, DSEN, External Funding (DCC), Dundee Partnership, DHSCP, Public Health, FORT, NHS Tayside Charitable Trust, Suicide Prevention (DCC), Hope Point**

**Fairer  
Funding**

**Multi-  
year**



# Fairer Funding

- This is the first time Third Sector Interfaces will receive a multi-year grant award for the Communities Fund.
- The opportunity to grant funding across two years has arisen as part of the Scottish Government's **Fairer Funding pilot**, as part of their commitment to deliver fairer funding for the third sector.
- The pilot has been set up to provide more certainty and allow for longer-term planning, aiming to improve stability and cost-efficiency for organisations and services.

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Multi-  
year



# Multi-year

- There are two levels of funding to apply to: **Level 1 up to £10k** and **Level 2 up to £30k**.
- You can apply for up to 2 years of funding for your project. For example, applying for £5,000 to receive £2,500 in year 1, 25/26 and £2,500 again in year 2, 26/27.
- The value of the **grant payable in year two is an indicative confirmation and cannot be taken as a guarantee**: subject to the outcome of any spending review by the Scottish Government and approval of the annual Budget Bills by the Scottish Parliament.
- **We highly encourage applications** from grassroots organisations and/or groups completely **new to the fund** and **joint applications** (new or existing) from those collaboratively working together to address the aims of the fund within their communities.



**Local  
Priorities**

**Eligibility**

**Application  
Process**



# Local Priorities

Support community-based initiatives that promote and develop good mental health and wellbeing and/or mitigate and protect against the impact of distress and mental ill health within the adult population (aged 16 or over), with a particular focus on prevention and early intervention.

- Tackle mental health inequalities through supporting a range of ‘at risk’ groups.
- Address priority issues of social isolation and loneliness, suicide prevention and poverty and inequality with a particular emphasis on responding to the cost-of-living crisis and support to those facing socio-economic disadvantage.
- Support small ‘grass roots’ community groups and organisations to deliver such activities. [Eligibility section for more details]
- Provide opportunities for people to connect with each other, build trusted relationships and revitalise communities.

**Eligibility**

**Application  
Process**





# Eligibility

Meet at least one of the outcomes

- social isolation and loneliness
- suicide prevention
- tackling poverty and inequality

The people who will benefit from your activity are adults (16+) who live in Dundee

You are not duplicating services in your area

Have a fully completed form with all relevant accompanying documents

You have an income of less than £1 Million

Have an independent bank account

Have a constitution or set of rules

Have an up-to-date year of accounts\*

Be a community group/charity/social enterprise/ other third sector organisation

Complete Expression of Interest

## Application Process



# Application Process

**\*\*\*THE FUND OPENS FRIDAY 19TH SEPTEMBER\*\*\***

**1 year applications will close in March 2026 and re-open in September 2026 [Scot Gov budget depending]**

**2 year projects will conclude and be allocated by end March 2026**

- **Stage 1:** Expression of interest
- **Stage 2:** Pre-application shifting process
- **Stage 3:** Invitation to complete application
- **Stage 4:** Panel review & assessment
- **Stage 5:** Application outcome (award or rejection)



**Application  
Support**

**FAQs**

**Questions**



# Application Support

- 1 to 1 support available by contacting [funding@dvva.scot](mailto:funding@dvva.scot)
- Training Course: Bring Together, Conflict Management
  - 5th + 12th Sept, DVVA
- Workshop: What Makes a Good Application
  - 17th Sept, Online
- Scottish Recovery Network: Scottish Recovery Network: Lunch & Learn – Dundee Volunteer & Voluntary Action
  - 6th Oct, Online
- Cranfield Trust: Project + Business Planning
  - 8th October, DVVA Cranfield Trust: Third Sector Strategy + Project Planning Workshop – Dundee Volunteer & Voluntary Action

**FAQs**

**Questions**



# FAQs

- I've applied to this fund before in previous years can I apply again?
- Can I apply as an un-constituted group?
- Can I apply for both Level 1 and Level 2?
- Can I apply for a 1 year and 2 year project at the same time?
- What happens if I don't submit an Expression of Interest?
- When will my application be assessed and how soon will I hear back?

**Application  
Support**

**Questions**



**Application  
Support**

**FAQs**

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**E:** [funding@dvva.scot](mailto:funding@dvva.scot)

**W:** [www.dvva.scot/our-work/#funding-development](http://www.dvva.scot/our-work/#funding-development)

