

Lunch and learn

Introduction to developing peer support: Dundee



Thursday 18 September 2025

12.30-1.30pm, online

[Book your free place](#)

Are you interested in developing peer support groups or activities in your community, organisation, or service?

Peer support is powerful, and it works. It's a mutual relationship where people with shared experiences support each other especially as they move through challenging times. DVVA in partnership with Scottish Recovery Network, are running a free 60- minute online session will help participants explore peer support and its role in community mental health and wellbeing activities.

Scottish Recovery Network will share practical information, free resources and examples of peer support in action to help groups get familiar with all things peer.

With the Scottish Government announcing a new round of the Communities Mental Health and Wellbeing Fund, including a commitment to two years of funding, now is a great time to explore how peer support could strengthen your work or application to the fund.

The session is relevant for anyone involved in or planning community-based projects, and anyone curious about how peer support could enhance their existing work.

We will be using the online tool ZOOM. You will receive the log in details in advance of the session.

Grab your lunch, log in and let's go!